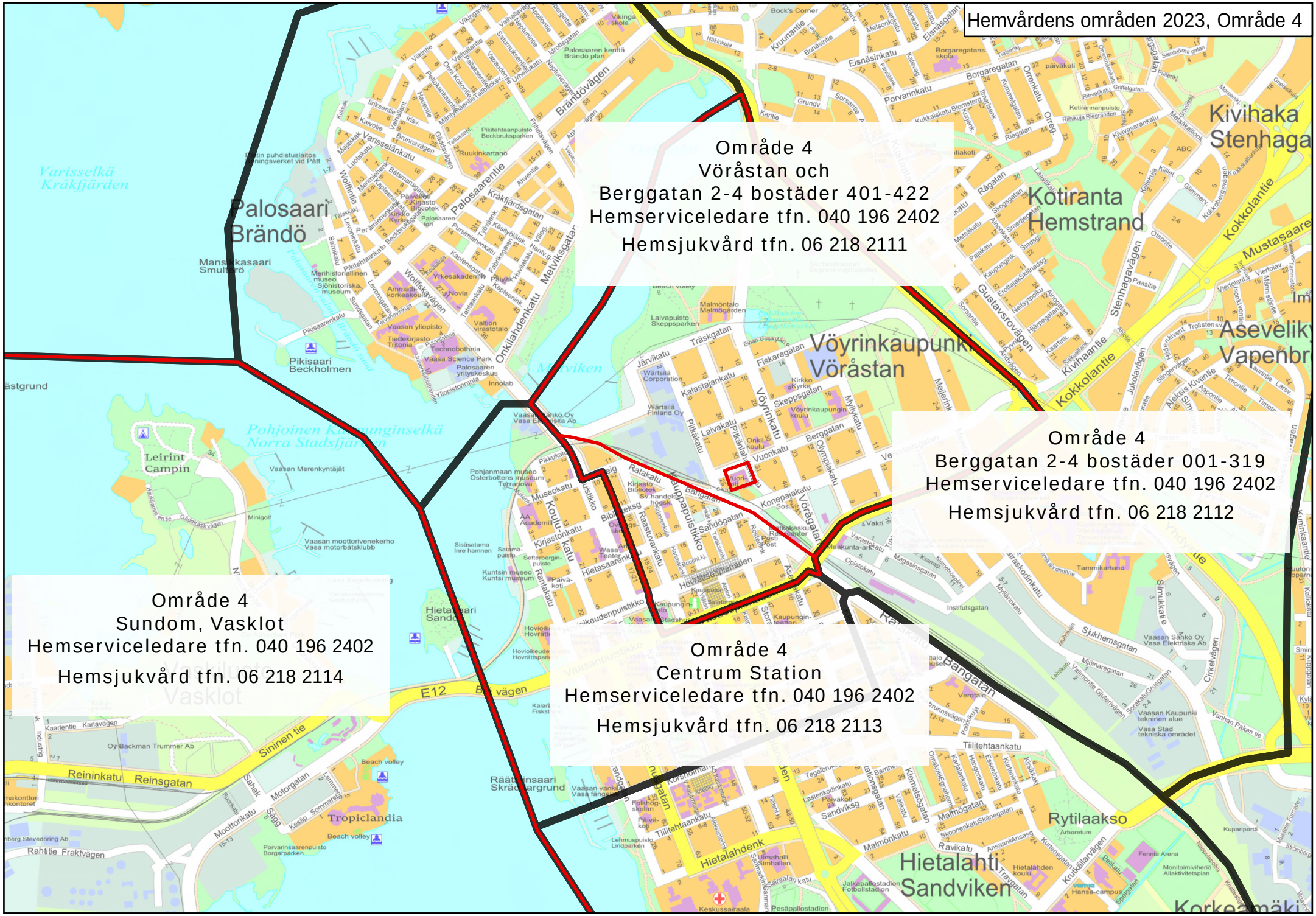Hemvårdens områden 2023, Område 4